



On-line

The monthly Newsletter of the Indian Association of Secretaries and Administrative Professionals, Tamil Nadu Chapter

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November 2023

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Words of Wisdom

“It is Christmas every-time you let God love others through you.”

Blessed Mother Teresa



Dear Members,

We have come to an end of another year. Most of us are very eager to celebrate the festival of Christmas and New Year. Christmas is a wonderful time of the year, offering the chance to catch up with friends, loved ones and our families. and spread the happiness to everyone around us.

Christmas is a time for reflection and rejuvenation of hope for the future. We gather home for Christmas, spend time with our families and friends, and remember those who have gone, care for our dear and near ones, and make resolutions, which we will break at our leisure, usually by January 😊

We all have so much to be thankful for our Society, family and friends, use the opportunity that this time afford us, ring someone who is lonely, call on someone new, make friends and help the needy if possible.

May we always be mindful of the spirit of caring, sharing, love and generosity of the Christmas season, and do our best at all times and grow as individuals, contributing in whatever capacity for the benefit of our association and to the society as well.

May this Christmas season bring you and your families joy and laughter and be filled with love care and God's blessings and his Divine Protection.

On behalf of the managing Committee, once again thanking all our members and our sponsors for their constant support. We wish you a Merry Christmas and Best Wishes for a healthy, Happy and Prosperous New Year 2024.



Sasirekha N

The meeting held at Hotel Park Elanza on 14th October was attended by a fairly good number of members, despite the dark skies and rainy weather. It was indeed a pleasure to meet quite a few of our old members after a long time. Chairperson Sasirekha welcomed the members to the first meeting after the election of the new Committee and expressed hope that we continue to have good attendance in the coming meetings as well.

Due to personal exigencies, Treasurer - Ms. Indra Prabha had expressed her inability to continue in the role, and in her place, Ms. Sandhya SP was inducted.

The first speaker was our own member Ms. Gita Rajamani, who gave a very interesting talk on Discovering the Real 'ME'. She quoted Aristotle, saying 'knowing yourself is the beginning of wisdom', through learning, intelligence and personality. The following determinants leading to the development of one's personality were explained in detail:

- Thinking, Environment, Childhood experience, situations, Religion and Culture

It was surprising to learn that a person's personality is frozen at the age of 5, and later undergoes changes based on ID, Ego and Super Ego. The significance of parenting, style, family dynamics, socio economic conditions, childhood experience, and traumatic events like loss of a parent or a dear one leading to depression was explained in detail.

The next speaker was Ms. T. Isha from "The Indian Guild of Traders" who elaborately discussed about the various MSME schemes, introduced with a 'Vision and Mission to create successful entrepreneurs'. The following schemes and eligibility were explained:

1. Unemployed Youth Employment Generation Program – UYEGP
2. Prime Minister Employment Generation Program - PMEGP
3. New Entrepreneurs & Enterprise Development Scheme- NEEDS
4. Stand up India
5. Mudra Yojana Scheme for ladies

Various subsidies available to Micro, Small & Medium enterprises. like power, quality certification, PF, were explained to an enthusiastic audience. Ms. T. Isha assured the participants to extend help & guidance. We hope to see more budding entrepreneurs benefitting from the various schemes.

Christine Luker proposed the Vote of thanks to the speakers. The meeting ended with a sumptuous high tea of sandwich, poori-channa, chicken rolls, carrot halwa and tea/coffee.

Shanthi Chandrasekharan

Few Pics of the meeting held on 14th October 2023



Santa Claus, popularly known as Santa or Father Christmas is associated with the celebration of Christmas, though it has nothing to do directly with the birth of Jesus. Ho Ho Ho, Santa Claus is a favorite of children and others alike at Christmas as he carries gifts. The custom of Santa Claus was started after the life of Saint Nicholas, a generous and kind hearted bishop who was born in Turkey who loved children and was always eager to help the poor and the down trodden. Christmas is a time for reunion, merry making sharing and exchange of gifts with family and friends.

In fact, the flavor of the season starts much earlier than the actual day. Most people bake cake and special pudding. Sweets and savories are also prepared at home and shared with neighbors, friends and relatives. It is also the time for new fashions and designs. New clothes household articles, foot wear, etc.

Festive Season of Christmas....

Time for some baking

ALMOND CAKE

Ingredients

- Almond – sliced 60 gms
- Maida : 120 gms
- Sugar Powder : 120 gms
- Baking Powder – ½ teaspoon
- Almond Essence – few drops
- White butter – 70 gms
- Khoa – 50 gms
- Milk – as required
- Milk powder – 60 gms
- Almonds for decorations : 8-10 nos

Method

- Mash the Khoa
- Sift the maida and baking powder twice
- Cream butter and sugar
- Add Khoa, blend well, add milk powder
- Add sliced almonds and essence
- Add maida gradually
- Add milk to bring a dropping consistency
- Grease and dust a cake tin
- Put the almonds in it, pour the cake mixture in the tin
- Bake at 190C for about 25-30 minutes

'BULL' IN ENGLISH LANGUAGE

- Cock and Bull:** An impossible story presented as true.
- Bull and Bear:** Bull means to buy, expecting a rise in price, bear means to sell, expecting a fall in price.
- Bull in a China Shop:** A person who feels awkward in a position requiring softness and keenness of understanding.
- Bulldoze:** Force or compel a person with threats.
- Bull Session:** A group discussion happening naturally without any compulsion.
- Bull's eye:** The circular spot at the centre of a target, a completely effective statement.
- Bull's hit:** Lies overstated.



November 2023

- 1st Nicola Jayakumar
- 1st Sunita Wilfred
- 2nd Treasure Jacob
- 7th Audrey Krishnan
- 11th Chitra Chidambaram
- 13th Karen Peterson
- 13th Deepa Selvan
- 14th Shoba Ryan
- 18th Anester Anthony
- 21st Nirmala Bhaskar
- 25th Freeda McLeod
- 27th Rita Vincent
- 27th Belinda Fernandez
- 27th Geraldine Rajan
- 28th Tessie Morris

December 2023

- 4th Roselyn Joseph
- 9th Audrey Greenwood
- 9th Gita Rajamani
- 15th Padma Priya Venkatakrisnan
- 26th Lorraine D'Cruz
- 29th Beena Anand G
- 30th Erin Mckillop
- 30th Dianna Brisson
- 31st Jeanette Suresh

A very Happy Anniversary to all members celebrating their Wedding Anniversary in November and December 2023.



MEETING

Date : Saturday, 16th December 2023

Time : 2:30 pm

“Christmas Party with Members”

Venue :

**Hotel Quality Inn Sabari Grand
Majestic Hall - 1st Floor
No.29, Thirumalai Pillai Road,
Thirumurthy Nagar, T.Nagar
Chennai 600 017.**

Please find the below Charges for our Christmas Party

Members - Rs.300/- per head

Guests - Rs.350/- per head

Children 5 to 12 - Rs 250/- per head

Under 5 - No Charge

RSVP : 5th December 2023

LEADEDGE

‘You can choose to be a Winner – Winning can become a habit.’ Winning is by no means an accident and Winning is the result of achieving several tiny goals that form part of our larger long term goals. So Let’s wake up and take those baby steps that need to be taken to get started. Let’s develop a do it now attitude because “NOW is the time to succeed and this is what the IASAP process has shown to us.



KOLKATA COVENTION - 2024

Please block your dates from 22nd August to 25th August 2024 on your calendar to tour OUR CITY OF JOY for the 18th National Convention to be held in Kolkata.

The mail has been sent out to all members which consists of the registration form, invitation let and FAQ’s for Kolkata Convention.

THE WISE WOMAN’S STONE

A wise woman who was travelling in the mountains found a precious stone in a stream. The next day she met another traveller who was hungry, and the wise woman opened her bag to share her food. The hungry traveller saw the precious stone in the wise woman’s bag, admired it and asked to give it to him. The Wise woman did so without hesitation, the traveller left, rejoicing in his good fortune. He knew the jewel was worth enough to give him security for the rest of his life.

A few days later, he came back searching for the wise woman. When he found her, he returned the stone and said, I have been thinking, I know how valuable the stone is, but I give it back to you in the hope that you can give me something more precious. If you can, give me what you have within you that enabled you to give me the stone.

The Best if Bits and pieces
Jack Canfield & Others in “ Chicken Soup for the Women’s Soul.

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