



# On-line

The monthly Newsletter of the Indian Association of Secretaries and Administrative Professionals, Tamil Nadu Chapter

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OCTOBER 2017

## Managing Committee (2017-2018)

### **Chairperson**

Priya Balaji  
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### **Vice Chairperson**

Rekha Sathy  
Tel : 96000 88426

### **Honorary Secretary**

Treasure Jacob  
Tel: 98408 50348

### **Honorary Treasurer**

R B Sudha  
Tel: 94441 71413

### **Imm. Past Chairperson**

Gita Rajamani  
Tel: 044 24553282

## Committee Members

### **Indra Prabha**

Tel: 98844 76914

### **Jayalakshmi Murali**

Tel: 92810 57038

## **BOARD OF WISDOM**

Fortunately, problems are an everyday part of our life. Consider this : If there were no problems, most of us would be unemployed.

ZigZiglar

Dear Members,

We as working professionals face lot of commitments and we feel that being a Housewife is better and can enjoy life. Recently I found an article on **Infinites of being a Housewife**, which I thought of sharing with you all.

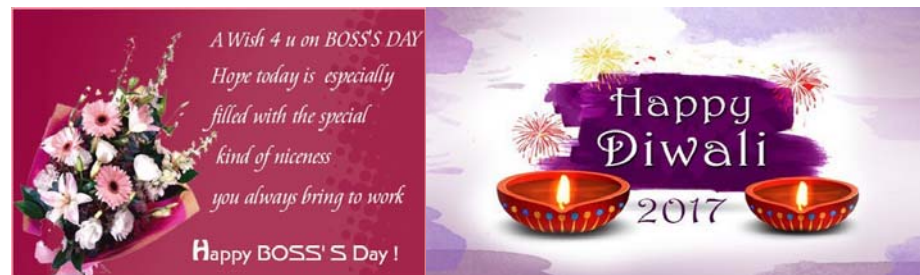
“Why her ‘job’ is perhaps the most magnanimous one in the world”

We live in the 21st century. As a country we proudly highlight our progress by citing the existence of a burgeoning female workforce, one that includes highly educated and skilled professionals. Yet, we cannot deny the fact that a majority of Indian women still do not go out to work. Instead, they work at home. Not from home as entrepreneurs or freelancers, but rather in their houses, as housewives.

At the core of every family, nuclear or joint, is the housewife. She single-handedly runs it, juggling chores such as cooking, washing, cleaning and caretaking with great skill. Emotionally, she holds the family together. She is a pillar of support for her husband, a guiding light for her child, and a harbor for the family’s elderly. It’s as though her existence is entirely selfless, always putting the interests of others over and above her own. A housewife wants nothing more than to be treated with love, respect, gratefulness and dignity. Her ‘job’ is perhaps the most magnanimous one in the world. It’s time society woke up to her domestic significance, instead of taking her for granted.

Traditionally, Boss’s Day is viewed as a time of appreciation. This day was created for the purpose of strengthening the relationships between employers and employees. Here’s wishing them all A Very Happy Boss’s Day.

On Behalf of the Managing Committee, I take this opportunity to wish all our dear members A Happy and Safe Diwali.



~ Priya Balaji



**APC – TN Chapter – held at Crowne Plaza on 2<sup>nd</sup> September 2017**

The evening started with our Chairperson, Priya welcoming the audience and introducing the Managing Committee.

Gita was the Emcee for the whole event. The Judges were then introduced and the contestants took the stage for the Extempore round. They all performed very well but there was a bit of tension in the air as to who would be the winner when it was time for the Judges to make the announcement. The verdict finally was made with Christine Luker as the 2<sup>nd</sup> runner up, K.V. Vidya as the 1<sup>st</sup> runner up and Jayalakshmi T was the crowned the winner. The Chief Guest, Mr. Suresh Raman of TCS had given us a speech on the importance of the Secretarial role which was very encouraging. We also had lucky draw and prizes for the bosses, spouses and members were distributed.

Our members shook their legs to the music of the DJ and sumptuous dinner was served. It was a great show indeed.



~ Treasure Jacob

**The 15<sup>TH</sup> National Convention, 2017, Taj Santacruz, Mumbai, Friday, 29<sup>th</sup> September 2017- 2<sup>nd</sup> October 2017**

**29<sup>th</sup> September 2017**

The day began with the delegates checking into Hotel Taj Santacruz from 11AM onwards; while the presentation round and personal interviews for the APC contestants happened as parallel sessions.

At 7.30 pm “the Grand ball room” was abuzz with close to 200 delegates from various chapters across the country; The 15th National convention,2017, of IASAP was inaugurated. The OC and GC members were introduced followed by the final round of contest-‘ IF ONLY’. The All- India Winner was from Mumbai followed by Kolkata as the 1st Runner Up and Bangalore as the 2nd Runner Up. The prize distribution was followed by a sumptuous dinner.

**30<sup>th</sup> September 2017**

“Pursuing Excellence in Profession – A Holistic Approach” by Swami Swatmananda from Chinmaya Mission was the first session. The second session was an interactive workshop by Dr. Mickey Mehta on Wellness Revolution for Human Evolution. This was followed by the Photo session for all chapters and a presentation on the 16th National Convention 2019 at Pune by the Pune Chapter.

The evening was at “Club Andheri”; the delegates travelled by A/C buses to the venue, enjoyed the band & dancing, lucky draws & lots of gifts, Food & Fun with the DJ engaging & encouraging the IASAP battalion.

**1<sup>st</sup> October 2017**

The day began with an interactive session by Ms. Benaisha Kharas on “Brand YOU”. She said personal branding is very important – i.e. what people say about you when you are not around. She emphasized that the moment you authorize yourself, the world will endorse you. The next session was by Mr. Udai Singh, Chief Strategy Officer & President B2B India, NIIT Ltd. He spoke on “Mega Trends & the Digital Waves”. He spoke on how Artificial Intelligence, Digitization and IT have integrated into our everyday life.

The final session was by Mr. Daara Patel-Secretary – General, Indian Drug Manufacturer’s Association. It was an interactive session and he spoke on the topic “Secretary - Partner in Business”. He spoke on the changing trends of the profession.

This was followed by the Cultural Programmes of the 6 Chapters and HQ, and then the Raffle. The session ended with the farewell dinner.

**2<sup>nd</sup> October -2017**

The delegates checked out. Site seeing and shopping trips were organized for delegates who wanted to see the city.

~ K.V. Vidya

**Top 7 Finalists**



**OCTOBER**

- 2<sup>nd</sup> Bhuvana Gopalan
- 2<sup>nd</sup> Alamelu V
- 4<sup>th</sup> Sabitha Rozalla
- 4<sup>th</sup> Moira Menon
- 4<sup>th</sup> Lalitha Veeramani
- 5<sup>th</sup> N. Anitha
- 6<sup>th</sup> Shobana P
- 7<sup>th</sup> Vijaya Venkatesh
- 8<sup>th</sup> Vijeswari Rajaraman
- 8<sup>th</sup> Chrystal Taylor
- 10<sup>th</sup> Rebecca Pereira
- 15<sup>th</sup> Maureen Beck
- 15<sup>th</sup> Meena Anandan
- 17<sup>th</sup> Glynis Joseph
- 18<sup>th</sup> Margaret Rozario
- 18<sup>th</sup> Sharon Saldanha
- 19<sup>th</sup> Deborah Wilkins
- 20<sup>th</sup> Candy Prim
- 22<sup>nd</sup> Pam Fernandez
- 24<sup>th</sup> Seretta Browne
- 25<sup>th</sup> Deepali Chauhan
- 26<sup>th</sup> Naaz Tyebbhoy
- 26<sup>th</sup> Cheryl Foregard
- 28<sup>th</sup> Anitha Venkatachary
- 31<sup>st</sup> Jessie Edwards

**NOVEMBER**

- 1<sup>st</sup> Nicola Jayakumar
- 2<sup>nd</sup> Treasure Jacob
- 7<sup>th</sup> Audrey Krishnan
- 7<sup>th</sup> Anantha Lakshmi
- 13<sup>th</sup> Karen Peterson
- 13<sup>th</sup> Deepa Selvan
- 14<sup>th</sup> Shoba Ryan
- 18<sup>th</sup> Anester Antony
- 20<sup>th</sup> Charmaine Lane
- 21<sup>st</sup> Nirmala Bhaskar
- 25<sup>th</sup> Freeda McLeod
- 26<sup>th</sup> Shobana Sairaj Kumar
- 27<sup>th</sup> Rita Vincent
- 27<sup>th</sup> Belinda Fernandez
- 27<sup>th</sup> Geraldine Rajan
- 28<sup>th</sup> Tessie Morris
- 29<sup>th</sup> Anita Martin



#### MEETING

- **DATE** : 28<sup>th</sup> October 2017
- **TIME** : 2:30 p.m.
- **VENUE** : Ambassador Pallava  
30, Montieth Road  
Egmore, Chennai – 600 008
- **HIGHLIGHT** : "Inner Health Outer Beauty"  
by Dr. JeyaPrakash - Cosmetologist
- **CHARGES** : Rs.125/- (Members)  
Rs.150/- (Guests)
- **RSVP** : Not later than 25<sup>th</sup> October 2017

#### RECIPE CORNER



#### KESAR KHEER (RICE PUDDING WITH PISTACHIOS AND SAFFRON)

- ½ cup rice
- 4 cups milk
- 8 tbsp sugar
- 6 cardamoms
- ½ tsp saffron
- ¼ cup pistachios
- Pistachios to decorate

#### Method :

- Soak pistachios in the water for at least 3 hours.
- Rinse the rice under water and place into the pan.
- Add the half of the milk and stir. Cover and cook for 15-20 min until soft.
- Then add saffron, cardamoms, sugar and remaining milk. Simmer gently for about 10 minutes or until the rice is quite thick in consistency. If the rice pudding is too thick, add a little extra milk or water. Decorate with whole pistachios. Serve hot or cold.



**Wishing all the Members celebrating their  
Wedding Anniversary in October &  
November 2017**



**Felicitation of APC 2017 Regional  
winners/participants will be done in  
October Meeting.**

**Please block your dates for our next  
event on 16<sup>th</sup> December (Saturday).  
More information will follow soon**

#### Fun Corner

**My boss told me to  
have a good day...**



**So I went home.**

**Yeah, I am WEIRD:  
(W)onderful, (E)xciting,  
(I)nteresting, (R)eal,  
(D)ifferent**



#### Editor's Address:

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