



On-line

The monthly Newsletter of the Indian Association of Secretaries and Administrative Professionals, Tamil Nadu Chapter

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DECEMBER 2017

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Words of Wisdom



~ Ziglar

Dear Members,

Christmas is the most widely celebrated festival world over, and also the most popular festival globally.

People love everything about Christmas Day - the nativity scene, caroling, scripture reading and concerts. November onwards, it is impossible to forget that Christmas is coming. Colored lights decorate many town centres and shops, along with shiny decorations, and artificial snow painted on shop windows. During the season people take the time to enjoy the city or town when it's all decorated.

The Tradition of Christmas have combined from over half a dozen cultures and accumulated over the centuries. An in-depth look in into its tradition, and one is moved with all the sentiments, symbols and meaning associated with Christmas. All of which combine to give a touch of liveliness and harmony to the season of celebrations. However, no matter which part of the world you are in, the tradition of Christmas blossoms with fun and celebration and carries along with it faith, hope and love.

Celebrating Christmas has nothing to do with spending a lot of money and having elaborate parties. The biggest celebrations are the most personal ones spent with people whose company we love. A simple thing as watching a beautiful Christmas movie with a special someone can be all it takes. Or maybe share a home cooked meal with friends in front of the decorated Christmas tree.

Christmas is a wonderful time of the year when joy, hope, generosity, goodwill, and fellowship abound, and is one of the most exciting and festive holiday. Let's all join together and celebrate this festival of Love.

MERRY CHRISTMAS TO YOU ALL & YOUR FAMILIES!

Santa

Two merry blue eyes
A very little nose
A long snowy beard
And cheeks like a rose
A round chubby man
A big bulging pack
Hurrah for Old Santa
We're glad he's come back!



~ Priya Balaji

HAPPENINGS

The meeting for October held at Ambassador Pallava was a tight and interesting schedule. There were 38 members. After the CP welcomed the 38 members present, the winners and participants of the APC gave a short impromptu speech on their experiences during the training, preparations, written test, Group Discussion and personal interview which finally led them to the podium for the Extempore. Their talk proved a motivation and an eye-opener to those who feared entering the contest. It was surprising to note that for Vidya and Usha Diwakar, this was the first time they went on stage. Christine emphasised on how the support and enthusiasm from her children provided her the interest to participate again.

Our first Speaker was Dr. K Seethalakshmi, Urogynaecologist, Professor of Obstetrics & Gynaecology Madras Medical College. Through a vivid PP presentation she explained the various symptoms, complications and treatment available for the various infections that affect women, in terms of urology and gynaecology combined.

Dr. Jeya Prakash, specialist in liposculpting surgery was the other Speaker. He specializes in post weight loss corrective surgery. An active and passionate interest in Age Management Medicine, he extends these benefits to his clients. He gave hints on how to age gracefully and healthily.

Members made full use of the interactive sessions with both doctors.

We wished the members celebrating their birthdays for October and November. The CP announced a Save the date for the Christmas Party '16 December Saturday' and ended the meeting ushering in the Christmas mood to our Association. Needless to say.... the hot and tasty snacks provided by Ambassador Pallava was most appreciated. Also would like to say a special thanks to Roslin Jayakumar for sponsoring AVT coffee powder as a take away gift for members.

Proud to mention that the Lucky Member at the Meeting was none other than 'yours faithfully'! Got a food hamper from Udipi Ruchi.

ThanQ

~ Anne Parameswaran

A few pictures of the Doctors at their session



Felicitation of the winners & participants of APC



The Lucky Members





Tinsel and the "Christmas Spider"

If you've ever noticed a spider decoration on someone's tree, you might have thought they had some odd taste. That's because most people are unaware of the tale of the Christmas spider, and the slightly creepy reason we hang tinsel.

On Christmas Eve, a long time ago, a gentle mother was busily cleaning the house for the most wonderful day of the year, Christmas day, the day on which the little Christ child came to bless the house. Not a speck of dust was left. Even the spiders had been banished from their cozy corner on the ceiling. They had fled to the farthest corner of the attic.

The Christmas tree was beautifully decorated. The poor spiders were frantic, for they could not see the tree, nor be present for the little Christ child's visit. Then the oldest and wisest spider suggested that perhaps they could wait until everyone went to bed and then get a closer look.

The spiders loved the Christmas tree. All night long they danced in the branches, leaving them covered with spider webs. In the morning, when the little Christ child came to bless the house, he was dismayed! He loved the little spiders for they were God's creatures, but he knew the mother, who had worked so hard to make everything perfect, would not be pleased when she saw what the spiders had done.

According to legend, ever since this happened, people have hung tinsel on their Christmas trees. It has also become a custom to include a spider among the decorations.



DECEMBER

- 4th Roselyn Joseph
- 9th Audrey Greenwood
- 9th Gita Rajamani
- 15th Padma Priya Venkatakrishnan
- 26th Lorraine D'Cruz
- 29th Beena Anand G
- 30th Erin Mckillop
- 30th Dianna Brisson
- 31st Jeanette Suresh

JANUARY

- 2nd Meena Suresh
- 5th Deborah D'Souza
- 7th Nalini Raghavan
- 9th Bernadine Highland
- 10th Honorine Franswah
- 11th Marie Correya
- 12th Charmaine Fernandez
- 12th K. Chitra
- 16th Sujatha Parameswaran
- 16th Sripriya Giridhar
- 18th Geetha R V
- 19th Dorathy Sukumar
- 20th Padma Bhatia
- 23rd Karon Vieyra
- 28th Judaline Srinivasan
- 28th Michelle Gabriel



MEETING

- DATE : 16th December 2017
- TIME : 2:30 p.m.
- VENUE : E- Hotel
No.1, Express Avenue Mall,
Pattulos Road, Chennai – 600 002
- HIGHLIGHT : "Rocking around the Christmas
Tree" – Christmas Party
- RSVP : Closed

RECIPE CORNER



CHOCOLATE DOUGHNUT

Ingredients

- ½ cup milk, warm
- 1 tsp sugar
- 1 tsp dry yeast
- 2 cups maida / plain flour / all purpose flour / refined flour
- ¼ tsp baking powder
- 2 tbsp butter, room temperature
- pinch of salt
- ½ cup water, or as required
- oil to grease & deep fry
- for chocolate glaze:
 - 1 cup powdered sugar
 - ¼ cup cocoa powder
 - 1 tsp vanilla extract / essence
 - 3 tbsp milk

Instructions (1 cup =255 ml)

- Firstly, activate yeast by adding milk and sugar.
- Now add Maida, baking powder, butter and salt.
- Combine and knead to smooth dough adding water as required.
- Grease, cover and rest for 1-2 hours.
- Punch the dough and roll slightly thick using rolling pin.
- Now with the help of donut cutter, cut round.
- Allow to rest in warm place for 2 hours.
- Deep fry in medium hot oil to golden brown.
- Dip the doughnuts and serve chocolate donuts sprinkled with sugar crystals.



**Wishing all the Members celebrating their
Wedding Anniversary in December 2017 &
January 2018**

Notice Board

Hall Name Exchange 1 & 2
Vegetarian Hi-Tea
**Charges: Rs.250/- (Upto 10 years irrespective of
relationship)**
**Rs.350/- (Above 11 years – Spouse, Guest,
Children & Grand Children)**
Rs.300/- Members

It's fun time with Santa Claus



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